

OCTOBER 2008

today's most popular dogs

THE PERFECT BBQ AREA

HEALTHY KIDS' FOOD

Burke's BACKYARD

AUSTRALIA'S ORIGINAL LIFESTYLE PROGRAM

At Little Green Thumbs in Qld, kids pot up their own vegies.



Up in Brisbane, children as young as two are also learning the joys of growing their own vegies with the help of enterprising preschool teacher and landscaper, Andrew Attenbrooke. He runs a performance-based program that teaches children the basics of growing plants, healthy eating and looking after the environment, with the help of a mobile potting trailer and

a little storytelling. The children get to pot up their own tomato seedling to take home. "If only a few of those get inspired to grow their own vegies at home it's worth it," Andrew says. He takes his planting show to primary schools and childcare centres in Brisbane, the Sunshine coast and northern NSW. The cost is \$6 per child. Andrew also installs raised garden beds in schools (\$200-\$300) for children to plant up. For more details visit the website at www.littlegreenthumbs.com.au



Little Green Thumbs in Qld features a mobile potting trailer.

Burkes Backyard

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